Pre-arrival for International Students

International Students Preparing to Travel to Canada:

Immigration, Refugees, and Citizenship Canada (IRCC) has announced changes to travel restrictions that will allow the entry of international students into Canada and attending St. Mary’s University.

Effective October 20, international students, regardless of where they are traveling from or when their study permit was approved will be able to enter Canada, if they meet immigration requirements and follow important steps as outline next:

Please apply these steps when preparing your arrival to Canada and St. Mary’s University:

1. Follow the steps related to Quarantining outlined in the St. Mary’s University COVID-19 Guide for Hosting International Students (here attached). Here you will find what you need to provide in your quarantine plan and what to anticipate through your 14-day quarantine.
2. Complete and sign pages 8 and 12 and email along with your quarantine plan to the email address below.
3. Email your quarantine plan to international@stmu.ca. Please take into account that if you are arriving with a family member(s) each family member must be identified in the quarantine plan.
4. Your quarantine plan will be assessed by the International Office. You will be contacted within 2 business days. (If your quarantine plan is incomplete, you will be required to resubmit a new one.)
5. Students with complete quarantine plans, will be issued a travel support letter, and pre-departure checklist.
6. Submit your quarantine plan to the Government of Canada, through the ArriveCAN mobile app.
7. Submit your Alberta Isolation Questionnaire to the Government of Alberta.
8. Download the ABTraceTogether mobile app.
9. Upon your arrival to Calgary notify St. Mary’s University at 403-462-5584 or international@stmu.ca.

Hotels for Quarantine
All quarantine sites have implemented rigorous COVID-19 operating procedures as per the Hotel Association of Canada’s Best Practices, Operating Procedures and Considerations for Hotel Guests in Self-Isolation and are equipped to provide a full-service quarantine package to students, including safe transport from the airport to the hotel and monitoring services to ensure students do not leave their room.

Hampton Inn Airport
2021 100 Ave NE Calgary, Alberta T3J 0R3
https://www.hilton.com/

Homewood Suites Airport
1000 2021 100 Avenue North East, Calgary, Alberta T3J 0R3
http://homewoodsuites.hilton.com/

Hilton Garden Inn & Homewood Suites by Hilton Calgary Downtown
Suite B - 711 4th St. S.E. Calgary, AB T2G 1N3
http://homewoodsuites.hilton.com/

Hyatt Place Calgary Airport
10 Aero Crescent NE, Calgary AB T2E 7Y5
https://www.hyatt.com

Sandman Hotel Calgary Airport
25 Hopewell Way NE, Calgary AB, T3J 2V7
https://www.sandmanhotels.com

Radisson Hotel & Conference Centre Calgary Airport
6620 36th Street NE, Calgary AB T3J 4C8
https://www.radissonhotels.com

Housing
St. Mary’s does not offer on or off-campus housing, however we offer a list of resources for housing options. Please note that St. Mary’s is not affiliated with any of these companies. We cannot guarantee the quality of service or accommodation.

Canada Homestay Network
Email: nspeedie@canadahomestaynetwork.ca
Telephone: 1 (877) 441-4443 x 2041
Website: www.canadahomestaynetwork.ca | www.reseauhomestaycanada.com

Calgary Study Abroad Ltd.
Canadian Education and Homestay Services
Email: agnespai@hotmail.com
Telephone: 1 (403) 720-8678 and (403) 389-5936
FB: @csacalgary1998
Rental options
Rent Faster
Rent Spot
Rentals.ca
Capreit
Rent Seeker
Search for Student Housing
Mainstreet Apartments

Medical Health Insurance

Insurance Coverage
Students arriving before the start of classes, must ensure they acquire their own private medical or travel insurance that covers medical expenses in Canada. This coverage must be valid until the start of their term. Guard.Me covers doctor’s visits, prescriptions and more and is charged on short-term basis or a semester-basis. Services not covered are dental care, eyeglasses or anything pertaining to pre-existing condition. Students with existing medical conditions should:
- present a copy (in English) of their medical history,
- present an adequate supply of any prescription currently being taken, and
- present an extra pair of glasses and/or supply of contact lenses

To register for Guard.Me Health Insurance please visit https://www.guard.me/

Alberta Health Care-Mandatory:
All students must enroll themselves in the Alberta Health Care Insurance Plan when they arrive. Registration is not automatic.

Alberta Health Care Insurance is a basic health care coverage that is administered and governed by the provincial Government of Alberta. All eligible recipients are required by law to be covered by this insurance plan.

Students must enrol themselves for Alberta Health Care Insurance when they arrive and establish a residence in Alberta, registration is not automatic. For specific details on Alberta Health Care Insurance benefits and how to register please refer to the website health.alberta.ca.