



## Pre-arrival for International Students

### International Students Preparing to Travel to Canada:

Immigration, Refugees, and Citizenship Canada (IRCC) has announced [changes to travel restrictions](#) that will allow the entry of international students into Canada and attending St. Mary's University.

Effective October 20, international students, regardless of where they are traveling from or when their study permit was approved will be able to enter Canada, if they meet immigration requirements and follow important steps as outline next:

### Please apply these steps when preparing your arrival to Canada and St. Mary's University:

1. Follow the steps related to Quarantining outlined in the [St. Mary's University COVID-19 Guide for Hosting International Students](#) (here attached). Here you will find what you need to provide in your quarantine plan and what to anticipate through your 14-day quarantine.
2. Complete and sign pages 8 and 12 and email along with your **quarantine plan** to the email address below.
3. Email your quarantine plan to [international@stmu.ca](mailto:international@stmu.ca). Please take into account that If you are arriving with a family member(s) each family member must be identified in the quarantine plan.
4. Your quarantine plan will be assessed by the International Office. You will be contacted within 2 business days. **(If your quarantine plan is incomplete, you will be required to resubmit a new one.)**
5. Students with complete quarantine plans, will be issued a travel support letter, and pre-departure checklist.
6. Submit your quarantine plan to the Government of Canada, through the [ArriveCAN mobile app](#).
7. Submit your [Alberta Isolation Questionnaire](#) to the Government of Alberta.
8. Download the [ABTraceTogether mobile app](#).
9. Upon your arrival to Calgary notify St. Mary's University at **403-462-5584** or [international@stmu.ca](mailto:international@stmu.ca).

### Hotels for Quarantine

All quarantine sites have implemented rigorous COVID-19 operating procedures as per the Hotel Association of Canada's [Best Practices, Operating Procedures and Considerations for Hotel Guests in Self-Isolation](#) and are equipped to provide a full-service quarantine package to students, including safe transport from the airport to the hotel and monitoring services to ensure students do not leave their room.

#### Hampton Inn Airport

2021 100 Ave NE Calgary, Alberta T3J 0R3

<https://www.hilton.com/>

#### Homewood Suites Airport

1000 2021 100 Avenue North East, Calgary, Alberta T3J 0R3



<http://homewoodsuites.hilton.com/>

### **Hilton Garden Inn & Homewood Suites by Hilton Calgary Downtown**

Suite B - 711 4th St. S.E. Calgary, AB T2G 1N3

<http://homewoodsuites.hilton.com/>

### **Hyatt Place Calgary Airport**

10 Aero Crescent NE, Calgary AB T2E 7Y5

<https://www.hyatt.com>

### **Sandman Hotel Calgary Airport**

25 Hopewell Way NE, Calgary AB, T3J 2V7

<https://www.sandmanhotels.com>

### **Radisson Hotel & Conference Centre Calgary Airport**

6620 36<sup>th</sup> Street NE, Calgary AB T3J 4C8

<https://www.radissonhotels.com>

## **Housing**

St. Mary's does not offer on or off-campus housing, however we offer a list of resources for housing options. Please note that St. Mary's is not affiliated with any of these companies. We cannot guarantee the quality of service or accommodation.



Canada Homestay Network

Email: [nspeedie@canadahomestaynetwork.ca](mailto:nspeedie@canadahomestaynetwork.ca)

Telephone: 1 (877) 441-4443 x 2041

Website: [www.canadahomestaynetwork.ca](http://www.canadahomestaynetwork.ca) | [www.reseauhomestaycanada.com](http://www.reseauhomestaycanada.com)



**Calgary Study Abroad Ltd.**

*Canadian Education and Homestay Services*

Email: [agnespai@hotmail.com](mailto:agnespai@hotmail.com)

Telephone: 1 (403) 720-8678 and (403) 389-5936

FB: [@csacalgary1998](https://www.facebook.com/csacalgary1998)



## Rental options

[Rent Faster](#)

[Rent Spot](#)

[Rentals.ca](#)

[Capreit](#)

[Rent Seeker](#)

[Search for Student Housing](#)

[Mainstreet Apartments](#)

## Medical Health Insurance

### Insurance Coverage

Students arriving before the start of classes, must ensure they acquire their own private medical or travel insurance that covers medical expenses in Canada. This coverage must be valid until the start of their term. [Guard.Me](#) covers doctor's visits, prescriptions and more and is charged on short-term basis or a semester-basis. Services not covered are dental care, eyeglasses or anything pertaining to pre-existing condition. Students with existing medical conditions should:

- present a copy (in English) of their medical history,
- present an adequate supply of any prescription currently being taken, and
- present an extra pair of glasses and/or supply of contact lenses

To register for Guard.Me Health Insurance please visit <https://www.guard.me/>

### Alberta Health Care-Mandatory:

All students **must** enroll themselves in the [Alberta Health Care Insurance Plan](#) when they arrive. Registration is **not** automatic.

Alberta Health Care Insurance is a basic health care coverage that is administered and governed by the provincial Government of Alberta. All eligible recipients are required by law to be covered by this insurance plan.

Students must enrol themselves for Alberta Health Care Insurance when they arrive and establish a residence in Alberta, registration is not automatic. For specific details on Alberta Health Care Insurance benefits and how to register please refer to the website [health.alberta.ca](http://health.alberta.ca).