Counsellor (Part Time/Term)

ABOUT ST. MARY'S UNIVERSITY:

St. Mary’s University is a dynamic and innovative teaching and research university located on a beautiful historic site. We provide affordable, accredited and highly valued degrees in the Liberal Arts, Sciences and Education. Founded in the Catholic Intellectual Tradition, and as the only independent Catholic university in Canada, St. Mary’s University prepares its students to live with integrity, compassion and confidence while embodying a compassionate commitment to ethics, social justice, and respect for diversity of opinion and belief. St. Mary’s became a proud member of Universities Canada in 2022, and has over 1000 full- and part-time students, approximately 200 full- and part-time faculty and staff, and an average class size of 25.

Located in Mohkinstsis (Calgary) on the ancestral territory of the Blackfoot Confederacy (Siksika, Kainai, and, Piikani First Nations), the Tsuut’ina and Òíyârhe Nakoda Nations, as well as the Metis Nation, Region 3, St. Mary’s is focused on developing the whole person: mind, body and spirit.

Consistent with our Catholic values, St. Mary’s University is committed to fostering an institutional culture that values, supports, and promotes equity, human rights, respect, and accountability within our community. St. Mary’s is a university where all are welcome and inclusive excellence is important. We are committed to removing barriers for those who have been historically underrepresented or discouraged in our society.

WHAT WE ARE LOOKING FOR:

The part time Counsellor role will be term position, working for the course of an academic year on a hybrid model (working from home and onsite), three days each week, providing mental health support to students with a stepped model of care. This position will assess the individual needs of students to determine the level of support and the plan for care, as well as provide resources, seminars, workshops, group or individual counselling, and facilitate referrals to appropriate community agencies.

WHAT WILL YOU DO:

- Meet with students presenting with mental health concerns, assess the level of care needed, and develop a plan for support, including administration and/or referral to community resources.
- Lead group therapy session on topics that are relevant to St. Mary’s student body
- Maintain confidential student records in accordance with legislation, your professional College/Association and StMU Policies.
- Provide accessible and inclusive individual and group counselling for students through in-person and/or virtual appointments.
- Deliver seminars and workshops that foster mental health and well-being, increase awareness of mental health concerns, and promote resiliency skills.
- Liaise with community agencies to facilitate awareness campaigns and establish referral pathways and protocols.
• Collaborate within and across departments and student groups to increase awareness, promote supports and access to services.
• Participate in university and regional committees related to mental health and well-being.
• Engage in the planning and implementation of the campus mental health strategy and protocols.
• Contribute to grant reports and applications.
• Participate in department initiatives and planning meetings.
• Maintain active professional registration.
• Familiarity with the Stepped Care 2.0 model an asset, or willing to receive training.

QUALIFICATIONS & ATTRIBUTES:

• Master’s degree in Counselling, Psychology, or Social Work
• Professional registration, and member in good standing of one of the following: Registered Psychologist (RPsych), Registered Provisional Psychologist, or Registered Social Worker.
• Clinical counselling experience in providing individual and/or group therapy to address issues common to the student population including depression, anxiety, substance abuse, trauma, life transitions, family and personal relationships, as well as stress management.
• Excellent verbal and written communication and ability to build trusting, professional and collaborative relationships with both student clients and colleagues.
• Computer literacy including MS Suite, Teams, confidential virtual counselling platforms, and database management.
• Ability to promote, or at least respect, the institution’s Catholic mission and identity
• Ability to promote equity, diversity, and inclusion, as well as Truth and Reconciliation.
• Post-secondary counselling experience or secondary experience in the development and implementation of a campus mental health strategic plan is considered an asset.
• Certification as a facilitator in Mental Health First Aid (MHFA), SafeTALK, ASIST or The Working Mind (Inquiring Mind Post-Secondary) considered an asset.
• Crisis intervention experience and training considered an asset.
• Ability to supervise practicum counselling students considered an asset.

WHAT YOU CAN EXPECT:
As a part of the St. Mary's University family, eligible employees receive a competitive compensation package and comprehensive total rewards program that includes, but not limited to, a group benefits package, health spending account, RRSP matching, generous time off, and tuition remission. Compensation will be commensurate with qualifications and experience.

APPLICATIONS:
All applicants must submit a cover letter and resume, along with salary expectations directly via email to careers@stmu.ca in word or pdf format, with the Subject Line of: “Counsellor” by end of day on July 10, 2023. We are unable to accept applications and dossiers through third party platforms.

St. Mary’s University is an equal opportunity institution committed to an inclusive, barrier-free recruitment and selection process and work environment. We hire on the basis of merit and are passionate about building and sustaining an equitable and inclusive work environment for students, staff and faculty, where diversity in all areas is celebrated and valued. Support services and accommodations are available if required to ensure an equitable, and inclusive working environment. To ensure a fair and equitable assessment, questions regarding equity, diversity, inclusion, and accessibility can be sent to the Equity, Diversity, and Inclusion (EDI) Committee (EDI@stmu.ca) and requests for accommodations at any stage of the recruitment process can be sent to Human Resources (careers@stmu.ca). Any information received relating to accommodation will be addressed confidentially. We encourage all qualified individuals to apply. Priority will be given to Canadians and permanent residents of Canada.

We thank all applicants for their interest, however only those applicants being interviewed will be contacted. No phone calls please.

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