



Bachelor of Arts, 3-Year Concentration in Psychology

Program Planning Guide 2025/2026

Program Overview

The three-year Bachelor of Arts with a concentration in Psychology has been designed for individuals who seek a broad and extensive interdisciplinary education in the liberal arts and sciences tradition. The concentration in Psychology grounds students in research methods and different understandings of human behaviour. Through the study of various psychology issues, world events and schools of psychological thought, students are introduced to methods of reading, interpreting, and synthesizing a broad and diverse range of ideas and research.

Students in the program will have the opportunity to meet the following objectives through the Psychology concentration requirements:

1. gain a thorough grounding in psychological principles and theories;
2. understand the development and history of various schools of psychological thought;
3. learn to critically read and evaluate past and current research;
4. develop an awareness of psychological issues affecting the individual over the course of a lifetime;
5. develop in-depth awareness of selected topics in psychology.

The program reflects the commitment of St. Mary's University to a liberal education as valuable for its own sake since it provides individuals the opportunity to discover and eventually realize their human potential. In addition to providing personal fulfillment, the program prepares students to think critically and communicate clearly. Such skills are in keen demand for a variety of careers including the fields in mental health, research, politics, education, social work, pastoral care, government service, forensics, advertising and public relations.

Admission

New students may apply directly to the program when they apply for admission. Current students may be admitted to the program by submitting a *Change of Program Form* to the Enrolment Services Office for processing.

Program Requirements

Students are strongly recommended to meet with an academic advisor on a regular basis throughout the program. It is the student's responsibility to ensure they have met the requirements for graduation.

This planning guide is designed to help students keep track of their progress in meeting degree requirements. Course descriptions may be found in either the St. Mary's University College online calendar or hard copy calendar.

A. Liberal Arts Core (18 credits)

- _____ ENGL 200A: Studies in Literature: Middle Ages to 1660 (3 credits)
- _____ ENGL 200B: Studies in Literature: 1660 to the Present (3 credits)
- _____ HIST 200A: History of Ideas: Antiquity to the Reformation (3 credits)
- _____ HIST 200B: History of Ideas: Scientific Revolution to 20th Century (3 credits)
- _____ PHIL 351: Ethics (3 credits)
- _____ RLGS 205: Reading Biblical Texts (3 credits)

B. Special Requirements (12 credits)

- / _____ 6 credits in a language other than English
- _____ 6 credits in: BIOL 305, 307, CLAS 209, ECON 205, ENGL 359, FMST 301, FMST 401, FMST 411, GEOG 203, HIST 451, HIST 453, HMKN 205, HMKN 211, MGST 305, MGST 321, PHIL 353, or any SOCI course

C. Psychology Requirements (30 credits)

- _____ PSYC 201: *Principles of Psychology* (3 credits)
- _____ PSYC 203: *Critical Issues in Psychology* (3 credits)
- _____ PSYC 312A: *An Introduction to Experimental Design and Quantitative Methods for Psychology* (3 credits)
(prerequisite: Pure Math 30, Math 30-1, Applied Math 30, Math 30-2 or MATH 030 with a minimum grade of 50%)
- _____ PSYC 312B: *Advanced Experimental Design and Quantitative Methods for Psychology* (3 credits)
- _____ Applied Psychology (3 credits): PSYC 331, 337, 345, 359, 363, 405, 435, 457, 463, 495
- _____ Clinical Psychology (3 credits): PSYC 385, 407, 409, 411, 413, 443, 455
- _____ Experimental Psychology (3 credits): PSYC 343, 365, 369, 375, 453, 465, 467, 475
- _____ General Psychology (3 credits): PSYC 305, 329, 333, 353, 355, 357, 361, 393, 461
- / _____ 6 additional senior credits in Psychology from *Applied Psychology, Clinical Psychology, Experimental Psychology or General Psychology*

D. Electives (30 credits) *be attentive to Jr./Sr. requirements

- _____ elective: _____ (3 credits)
- _____ elective: _____ (3 credits)
- _____ elective: _____ (3 credits)
- _____ elective: _____ (3 credits)
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- _____ elective: _____ (3 credits)
- _____ elective: _____ (3 credits)
- _____ elective: _____ (3 credits)
- _____ elective: _____ (3 credits)

90-Credit Degree

Junior/Senior Requirements

45 credits must be taken at the **300- or 400-level**.

Directed Studies

Students are allowed a **maximum of 9.0 credits hours** of directed studies in their degree program.

Program Standing

In order to remain in the program, you must maintain a cumulative **GPA of 2.0** and a cumulative **GPA of 2.0** in senior Psychology courses. Students who do not meet these requirements may not graduate.

Residence Requirement

All students must complete at least **45 credits** at St. Mary's University.

Graduation

In final year of study, an *Application to Graduate* must be submitted by October 1.

This guide is for your convenience only and should not replace the St. Mary's University Calendar, which is the final authority regarding degree program requirements and academic regulations.