



Bachelor of Arts, 3-Year Concentration in History

Program Planning Guide 2026/2027

Program Overview

The three-year Bachelor of Arts with a concentration in History has been designed for individuals who seek a broad and extensive interdisciplinary education in the liberal arts tradition. The concentration in History equips students with the skills needed to uncover and analyze the events, processes and ideas which shape the past and to appreciate how an understanding of the past helps inform the present and the future. Through the study of change and continuity over time and place, students acquire an ability to look at the past from different angles and perspectives and to employ a variety of analytical tools and methods in interpreting human affairs and institutions.

Students in the program will have the opportunity to meet the following objectives through the History concentration requirements:

1. gain historical knowledge across regions and nations, time periods and approaches to the study of history through a variety of courses at the intermediate and senior level
2. critically evaluate secondary sources and engage in major historiographical debates
3. identify, analyze and interpret primary sources
4. analyze complex historical problems and synthesize insights from a variety of source materials
5. apply historical theories and models
6. understand the different research methodologies used by historians
7. organize and report research and communicate findings through effective and persuasive arguments.

The program reflects the commitment of St. Mary's University to a liberal education as valuable for its own sake since it provides individuals the opportunity to discover and eventually realize their human potential. In addition to providing personal fulfillment, the program prepares students to think critically and communicate clearly. The research, writing, analytical and problem-solving skills that History students acquire are highly desirable in all forms of public and private employment. History graduates are especially well-qualified to pursue careers in teaching, government, business, law, journalism, library and archival science and in the museum and heritage fields.

Admission

New students may apply directly to the program when they apply for admission. Current students may be admitted to the program by submitting a *Change of Program Form* to the Enrolment Services Office for processing.

Program Requirements

Students are strongly recommended to meet with an academic advisor on a regular basis throughout the program. It is the student's responsibility to ensure they have met the requirements for graduation.

This planning guide is designed to help students keep track of their progress in meeting degree requirements. Course descriptions may be found in the St. Mary's University calendar.

A. Liberal Arts Core (18 credits)

- _____ ENGL 200A: Studies in Literature: Middle Ages to 1660 (3 credits)
- _____ ENGL 200B: Studies in Literature: 1660 to the Present (3 credits)
- _____ HIST 200A: History of Ideas: Antiquity to the Reformation (3 credits)
- _____ HIST 200B: History of Ideas: Scientific Revolution to 20th Century (3 credits)
- _____ PHIL 351: Ethics (3 credits)
- _____ RLGS 205: Reading Biblical Texts (3 credits)

B. Special Requirements (6 credits)

- / _____ 6 credits in Natural & Mathematical Sciences (ASTR, BCEM, BIOL, CHEM, CPSC 215, HMKN 205, MATH, PHYS, SCIE, STAT)

C. History Requirements (33 credits)

- _____ HIST 211: Introduction to Historical Thinking and Practice (3 credits)
- _____ 3 credits in Canadian History (HIST 371, 373)
- _____ 3 additional credits in Canadian History (HIST 347, 441, 443, 445, 449, 453, 457, or HIST 371 or 373 if not used above)
- _____ 12 credits at the 300-level, which can include HIST 391A and HIST 391B
 - _____
 - _____
 - _____
 - _____
- _____ 12 credits at the 400-level, which can include HIST 401 and HIST 403
 - _____
 - _____
 - _____
 - _____

D. Electives (33 credits) *be attentive to Jr./Sr. requirements

- _____ elective: _____ (3 credits)
- _____ elective: _____ (3 credits)
- _____ elective: _____ (3 credits)
- _____ elective: _____ (3 credits)
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- _____ elective: _____ (3 credits)
- _____ elective: _____ (3 credits)
- _____ elective: _____ (3 credits)
- _____ elective: _____ (3 credits)
- _____ elective: _____ (3 credits)

90-Credit Degree

Junior/Senior Requirements

45 credits must be taken at the **300- or 400-level**.

Directed Studies

Students are allowed a **maximum of 9.0 credits hours** of directed studies in their degree program.

Program Standing

In order to remain in the program, you must maintain a cumulative **GPA of 2.0** and a cumulative **GPA of 2.0** in senior History courses. Students who do not meet these requirements may not graduate.

Residence Requirement

All students must complete at least **45 credits** at St. Mary's University.

Graduation

In final year of study, an *Application to Graduate* must be submitted by October 1.

This guide is for your convenience only and should not replace the St. Mary's University Calendar, which is the final authority regarding degree program requirements and academic regulations.