



Bachelor of Arts, 4 Year Major in Social Justice & Catholic Studies

Catholic Studies Stream

Program Planning Guide 2026/2027

Program Overview

The Bachelor of Arts with a Major in Social Justice and Catholic Studies reflects St. Mary's University's vision and mission as an institution founded in the Catholic intellectual tradition committed to developing the whole person (body, mind, and spirit), and preparing its students to live with integrity, compassion, and confidence as lifelong learners and engaged citizens dedicated to the pursuit of knowledge for the service to the community.

This is a unique interdisciplinary program that encourages critical reflection on the structural injustices that characterize society, both locally and globally, and upon the Catholic tradition and its engagement with the world. Drawing upon the theories and practices of a wide range of different disciplines, this degree equips students with the critical, analytical, and ethical skills necessary to live and work responsibly in an increasingly integrated global community.

The program has two streams: Social Justice and Catholic Studies. All students complete a common degree core as well as a suite of required and elective courses from different disciplines in their chosen stream. To ensure breadth, students are also required to complete a minimum number of courses from the other stream. Senior students in the program participate in Directed Community Service providing them with an important opportunity to apply what they have learned through experiential learning. In the final year of study, students complete a Major Research Project.

In addition to pursuing graduate studies, the SJCS degree equips students to be employed in a variety of social and community services, including: Indigenous outreach officer, social services case aid, child and youth worker, life skills coach, community centre worker, community liaison worker, community service worker, development service worker, drop-in centre worker, family service worker, group home worker, halfway house worker, peer support worker, residential counsellor, settlement worker, social assistance officer, social welfare officer, street outreach worker, transition home worker, veteran's field worker, women's centre officer, youth worker, religious outreach worker, community organizer.

Admission

New students may apply directly to the program when they apply for admission. Current students may be admitted to the program by submitting a *Change of Program Form* to the Enrolment Services Office for processing.

Program Requirements

Students are strongly recommended to meet with an academic advisor on a regular basis throughout the program. It is the student's responsibility to ensure they have met the requirements for graduation.

This planning guide is designed to help students keep track of their progress in meeting degree requirements. Course descriptions may be found in the St. Mary's University calendar.

A. Liberal Arts Core (18 credits)

- _____ ENGL 200A: Studies in Literature: Middle Ages to 1660 (3 credits)
- _____ ENGL 200B: Studies in Literature: 1660 to the Present (3 credits)
- _____ HIST 200A: History of Ideas: Antiquity to the Reformation (3 credits)
- _____ HIST 200B: History of Ideas: Scientific Revolution to 20th Century (3 credits)
- _____ PHIL 351: Ethics (3 credits)
- _____ RLGS 205: Reading Biblical Texts (3 credits)

B. Breadth Requirements (12 credits)

- / 6 credits in a language other than English
- / 6 credits in Natural and Mathematical Sciences (ASTR, BCEM, BIOL, CHEM, CPSC 215, HMKN 205, MATH, PHYS, SCIE, STAT)

C. Core Social Justice & Catholic Studies Requirements (15 credits)

- _____ INST 201: Introduction to Indigenous Studies
- _____ POLI 315: Politics and Social Justice
- _____ RLGS 301: The Catholic Intellectual and Cultural Tradition
- _____ SJCS 401: *Directed Community Service*
- _____ SJCS 403: *Major Research Project*

D. Catholic Studies Stream Requirements (33 credits)

Required courses for Catholic Studies Stream (12 credits)

- _____ RLGS 317: Social Justice in the Bible
- _____ RLGS 321: Vatican II and Beyond
- _____ **One of:** RLGS 331: Christianity and Empire, Origins to 1492 **or**
RLGS 333: Christianity, Conquest and Science, 1492 to Present
- _____ **One of:** RLGS 201: World Religions: Western **or**
RLGS 203: World Religions: Eastern

12 credits in Catholic Studies electives (ART 203, ART 325, ART 355, ART 405, CLAS 209, CLAS 315, ENGL 303, ENGL 305, ENGL 309, ENGL 353, ENGL 355, HIST 321, HIST 323, HIST 335, HIST 375, HIST 377, HIST 381, HIST 449, POLI 371, RLGS 201, RLGS 203, RLGS 305, RLGS 311, RLGS 313, RLGS 315, RLGS 319, RLGS 323, RLGS 325, RLGS 331, RLGS 333, RLGS 335, RLGS 351, RLGS 363, SOCI 377)

1. _____ 2. _____ 3. _____ 4. _____

9 credits in Social Justice electives (ECON 205, ECON 337, ECON 373, ENGL 329, ENGL 397.6, GEOG 213, HIST 405, HIST 441, HIST 453, HIST 457, INST 301, POLI 201, POLI 353, POLI 359, POLI 361, POLI 363, POLI 365, POLI 367, PSYC 337, RLGS 325, SOCI 201, SOCI 303, SOCI 325, SOCI 327, SOCI 375, SOCI 377)

1. _____ 2. _____ 3. _____

120 Credit Degree

Junior/Senior Requirements

Completion of at least **72** credits at the senior level, including at least **30** credits in Social Justice and Catholic Studies Core and Stream Requirements (sections C and D).

Directed Studies

Students are allowed a **maximum of 9.0 credits hours** of directed studies in their degree program.

Program Standing

In order to remain in the program, you must maintain a cumulative **GPA of 2.0** and a cumulative **GPA of 2.3** in senior Social Justice and Catholic Studies Core and Stream courses

You may have no more than one D or D+ in senior Social Justice and Catholic Studies Core and Stream courses (sections C and D). Students who do not meet these requirements may not graduate.

Residence Requirement

All students must complete at least **60 credits** at St. Mary's University. A minimum of 24 credits in Social Justice and Catholic Studies Core and Stream requirements must be completed at StMU, including **SJCS 401 and SJCS 403**.

Graduation

In your final year of study, you must submit an *Application to Graduate* by October 1.

This guide is for your convenience only and should not replace the St. Mary's University Calendar, which is the final authority regarding degree program requirements and academic regulations.

E. Minor Program Requirements (18 credits) **If not pursuing a minor, take 18 credits of electives*

- At least 9 credits of a minor must be taken at the 300 or 400 level
- At least 9 credits of a minor must be completed at St. Mary's University

Minor (if applicable): _____

_____ (3 credit)
_____ (3 credit)

E. Electives (24 credits) **be attentive to junior/senior credit requirements*

_____ elective: _____ (3 credit)
_____ elective: _____ (3 credit)